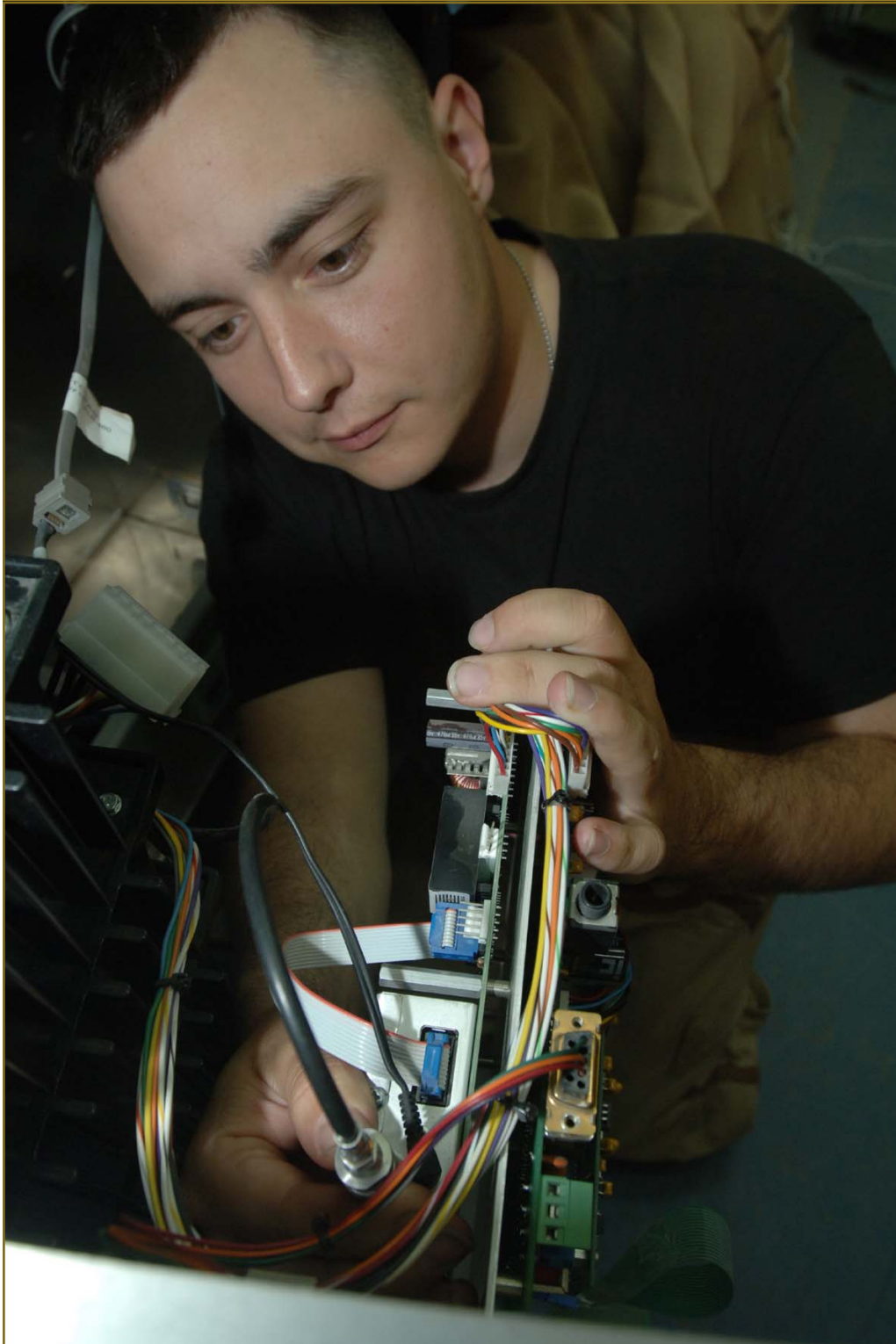




ALITIMES



October 14, 2005

Table of contents

Message home

There are still chances to send a video message home: Page 8

Don't leave without

The Ziggurat of Ur is a marvel of history and it's right in your backyard: Page 4

Help, help, doctrine doctrine

AEF isn't your everyday acronym: Page 2

Physics in action

Rubber floats, but can you clean it with water?: Page 6

Month to worship

October is an active month for the Jewish faith: Page 9

If I had will

Airmen have legal services available on Ali Base: Page 10

Bang-up job

The commander visits EOD: Page 3

Captain, my captain

Some Ali lieutenants are moving up: Page 10

Off duty

Fitness, fun and films: Page 12

The AOR

The CPIC sends out news everyday, here's some of it: Page 7

A riddle for your thoughts...

You are in a cold house in the winter. It is dark. You have one match. There is a candle and there is a wood burning stove. Which do you light first?

You're proving it works whether you know it or not

By Lt. Col. Charles F. Spencer Jr.

407th Expeditionary Operations Support Squadron commander

"Hi mom, I'm just writing to let you know that I'm excited about proving that the Air and Space Expeditionary Force concept works." I doubt your last e-mail home contained that line.

Although most people deployed at Ali Base may not think about their accomplishments on a day-to-day basis, it's an exciting time in our Air Force as we do prove the value and operational efficiency of the expeditionary concept. Feel free to use what I just said as an icebreaker at the Hot Spot; you'll make lots of new friends.

Now I realize that many of you might already be thinking, "Oh please, not more PME." But if you stop and think about it, where you live and work—whether it is in tents, trailers, old buildings or vehicles—are daily examples of how we, the largest air and space power in the world, can shift forces rapidly across the globe for maximum impact.

Sure, some might argue that we've been expeditionary all along, and in many ways that's true. As a captain I deployed to Germany to fly supplies into Sarajevo for PROVIDE PROMISE, only to be shifted in a matter of hours to humanitarian relief efforts in Rwanda for SUPPORT HOPE.

In the past we used rapidly mobile assets such as Tanker Airlift Control Elements to focus our forces—we just didn't call it expeditionary. This was quite a challenge in places like Uganda and Somalia that had limited infrastructure. But by building within an expeditionary framework, we now have more robust mobile assets for places like Iraq and Afghanistan.

These assets are much better than the concrete beds I slept on in a cheap hotel in Mogadishu, or even the C-141 "Lockheed Hilton," sleeping on top of a pallet with a box of MRE's for company. Looking back, I also remember getting a midnight phone call almost

every holiday season in the early 1990s: "You're alerted, can't tell you where you're going, but pick up a pallet of MREs and good luck. See you when you get back (whenever that was supposed to be.)" Today, we have an AEF rotational structure that helps provide more stability with normalized deployments. We still get midnight phone calls for short notice taskers like hurricane relief, but the ability to plan an assignment around an AEF bucket is a great stabilizer, and it goes a long way toward keeping military families intact.

And yes, I'm sure we've all heard the grizzled veterans who

"we are proving the expeditionary concept here everyday by doing our jobs to high standards under less than ideal conditions."



Photo by Master Sgt. Timothy A. Haase

Lt. Col. Charles F. Spencer Jr.

try to tell you how good you have it here compared to times past. The truth is that we are better able today to move rapidly from one location to another and set up operations more quickly than ever before; regardless of the facilities or infrastructure we are confronted with. This may not be something to write home about, but it's important to realize that we are proving the expeditionary concept here everyday by doing our jobs to high standards under less than ideal conditions.

By now I hope you're thinking about the capability you bring to an old 1970s base with very little to offer other than a couple of runways. You can take pride in the fact that you are proving the expeditionary Air Force concept of operations right here. Now that's something to write home about!

Out and about: EOD

Col. Don Palandech,
407th Air Expeditionary Group commander, visits Team Ali.

This week I went on the hunt to find those pesky folks that keep filling my inbox: "Controlled Detonation at..." For one thing, I wanted to ask "can you really control a detonation?"

Well if anybody can control one it's the Airmen of the 407th Expeditionary Civil Engineer Squadron's Explosive Ordnance Disposal Flight (although I'm sure you've noticed from e-mails that the Italian military also has an EOD flight operating around the Ali Base too.)

The 407th EOD Flight has two missions that cause the heart to pump faster and the adrenaline to flow: emergency response and controlled detonations. However, the desired outcome of each of these missions is the complete opposite. In the emergency response part of their mission EOD tries to prevent something from blowing-up and in the controlled detonations they cause the explosions on purpose.

Let me explain what I learned.

EOD flight has the knowledge and the training to perform all of their missions. They have all the tools and equipment needed to respond to just about anything that could happen here concerning

munitions. They have the experience to render "SAFE" these emergency situations: an aircraft that lands here with defective (didn't fire) munitions aboard, the improvised explosive devices, and the unidentified explosive devices found on or off base,

The less dynamic part of their mission—if there's anything routine about making things go bang—is to neutralize unusable munitions brought here for use by all of the U.S. services, as well as those discovered in the local area. A short time after the flight takes custody of the munitions you and I get an e-mail.

And the answer to my question, "can an explosion be controlled?" is "yes!" and the people of the 407th EOD flight are our resident experts at doing it. Once they finish their work the debris is simply garbage.

The 407th EOD flight provides 24/7 emergency response for Ali Base. As a reminder, if you see something suspicious on the ground move away, mark the area, have somebody watch the area and call 445-2600. Law enforcement and EOD will handle the situation from there.

Keep in mind that the U.S. and coalition partners dropped a

lot of munitions on this base during the first Gulf War; there are hazards buried below our feet so please be careful and let the experts handle them.



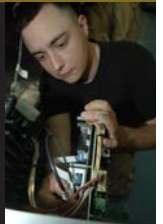
Photo by Capt. Nicole Dye

Staff Sgt. Jason Apalategui (left), 407th Expeditionary Civil Engineer Squadron Explosive Ordnance Flight NCOIC talks to 407th Air Expeditionary Group commander Col. Don Palandech about different types of munitions Oct. 7. Sergeant Apalategui is deployed from the 3rd Civil Engineer Squadron, Elmendorf AFB, Alaska.

Front Page photo

Senior Airman Leonard Reynolds, 407th Expeditionary Communications Squadron, reconnects and tests a transmitter receiver module.

Photo by
Senior Airman Jennifer Haas


ALITIMES

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Commander, 407th AEG

Tech. Sgt. Paul Dean

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Ali.Times@t1ab.aorcentaf.af.mil

Deadline for publication is 2 p.m. Thursday before the week of publication.

For more information, call 445-2318, or e-mail the staff.

An Ali Base must do: The Ziggurat of Ur

By Master Sgt. Don Perrien

407th Air Expeditionary Group Public Affairs AEF 1-2

More than 4,000 years ago, worshipers of the moon god Nanna living near the ancient city of Ur constructed the Ziggurat monument, the most dominant landmark on Ali Base. Rising more than 40 feet above the ground, it is the best preserved structure of its type in the world.

The Ziggurat was built in three stages taking hundreds of years to complete. It's construction was begun by the ruler Ur-Nammu and completed by Shul-Gi of the Third Dynasty.

The structure was unearthed in the mid 1800s by British consul J. E. Taylor, who partly uncovered the Ziggurat. Unlike the pyramids of Egypt, the Ziggurat is a solid structure. There are no inner passages or chambers for burying former rulers. However, there is a nearby royal cemetery in the adjacent city of Ur, which was later excavated in 1922 by Sir Leonard Wooley.

The Ziggurat has been restored several times, with the last known construction work taking place during the 1960's. Most of the exposed outer surface of the structure visitors see today is from the work done just 40 years ago.

The first two layers of the Ziggurat are relatively well preserved; however, the upper level is no longer standing. Originally there may have been a small temple to the moon god on the upper level. Archeologists speculate the mound of rubble at the top of the structure may have resulted from the practice of destroying the temple annually and creating a new one each year.

The original purpose of the Ziggurat is lost in mystery. Recovered cuneiform tables describe rituals of prayer and sacrifice, but little is known about the religion as a whole.

The life of the Ziggurat is closely tied with the city of Ur itself. The city is considered a cradle of civilization, playing a key role in defining urban culture and serving as an example for future city designs. Several thousand years ago, the path of



the Euphrates River flowed very close to the city's walls. Because of its location, Ur became a hub for the development of commerce and the seat of political influence for the entire area.

The city's early history was marked by three separate dynasties in a single millennia, with the first occurring before 3,000 B.C. and the last ending around 2,000 B.C.

Excavations in the area dating from the Second Dynasty have shown the citizens of Ur were instrumental in discovering new methods to work metal, especially the mining and smelting of gold. Later excavations dating from the Third Dynasty show the city developed into a cultural capital featuring works of sculpture and literature as the local rulers expanded their empire several thousand miles long across an area from the Near East to parts of Asia Minor.

The more commonly known name of the city for many people is the city's biblical name, Ur of the Chaldees, which refers to the Chaldeans, who settled in the area about 900 B.C. Passages in the Bible's Book of Genesis describe Ur as the starting point of

Continued next page:

Ziggurat



Photos:

Previous page: The stairway of the Ziggurat reaches more than 40 feet to the top of the structure, which is more than 4,000 years old. Photo by Tech. Sgt. Maria J. Bare.

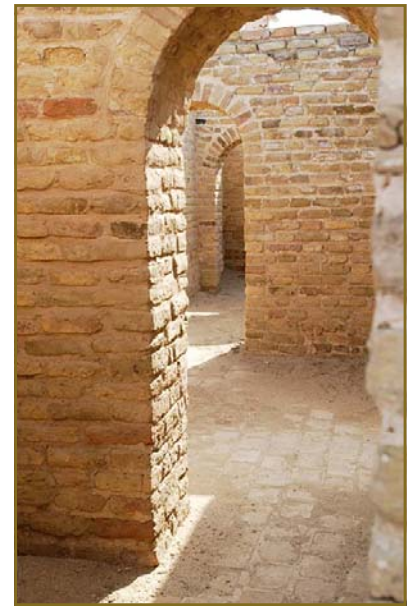
This page—

(left): Tech. Sgt. Marina More, 407th Expeditionary Services Squadron Hot Spot services and recreation manager, performs force protection duty during escorted visits to the Ziggurat. Photo by Tech. Sgt. Paul Dean.

Above: The city of Ur today as it sits alongside Ali Base in Southern Iraq. (File photo, unknown origin).

Above right: Archways in the city of Ur demonstrate the innovative architectural techniques developed by the city's inhabitants thousands of years ago. Photo by Tech. Sgt. Maria J. Bare.

Lower right: The unearthed Ziggurat was researched by several teams of archeologists during the 1850's and 1920s. Photo from British Museum Archives.



Ziggurat From page 4:

the migration westward to Palestine for the family of Abraham around 1,900 B.C.

During the Chaldean dynasty, King Nebuchadnezzar II ruled over another period of construction at the city of Ur. The last Babylonian king of the period, Nabonidus, who reigned from 556-539 B.C. appointed his eldest daughter high priestess at Ur. During this period, he and his daughter repaired and rebuilt many of the temples and entirely remodeled the Ziggurat.

Less than a century later, Babylonia came under the control of Persia, and Ur began its decline. By the 4th century B.C., the city stood nearly barren and empty. Historians speculate the change was most likely due to a combination of continuing warfare in the area and a shift in the course of the Euphrates River, decreasing the city's value as a trade route.

While the original inhabitants of Ur have faded

into history, the Ziggurat of Ur stands a remarkable window into humanity's past culture.

The 407th Air Expeditionary Services Squadron schedules tours of the Ziggurat of Ur. You must sign up in advance and services requests that you call to cancel if you are unable to go on a tour you've signed up for.

The tours are scheduled for Tuesday, Thursday and Saturday each week as long as there are a minimum of four people signed up. The maximum group size is 10.

Sign up is at the Hot Spot counter, which is also where you meet at 9 a.m. on the day of your tour.

Contact Tech. Sgts. Marina Moore or Trish Alexander at 445-2306 or 2498.

This is a reprint of the original article, which ran in the Dec. 10, 2005, edition of this newspaper, which was then called the *Tallil Times*.

Where the rubber leaves the road

By Senior Master Sgt. Darron J. Williams

407th Expeditionary Operations Support Squadron airfield manager

Combat airlift and training of the Iraqi air force are two of the most visible missions at Ali Base. Both are critical to the war effort; both require an airfield with safe runways.

Runways are not maintenance free; every plane that lands here leaves a small amount of rubber from its tires on the runway. This rubber accumulates to the point where it becomes a hazard to flight safety, which must be abated.

The ability of aircraft to slow down or stop is proportionately impaired as the thickness of rubber on a runway increases. This is particularly true in wet or cold climates, where high rubber deposits can reduce the braking action of an aircraft by 50 percent or more. The situation is worse in icing conditions.

Removing rubber from the runway surface is critical to maintaining a safe airfield. It's usually done at least once a year, but some airfields have it done up to four times a year, with the frequency based on the number of arrivals and departures.

The potential for problems may be lower here because of the absence of freezing temperatures and low rainfall, but the potential is far from zero. Rubber removal is used at Ali Base to control the risk of an aircraft not being able to stop in time, or being the reason it slides off the runway, on the one day that we do get rain.

There are several methods of rubber removal.



Photo by 1st Lt. Robert E. Grimmer

Rubber buildup on a runway creates a safety hazard that increases proportionally to the thickness of the buildup. The self-contained cleaning unit used to strip rubber off runways throughout the AOR visited Ali Base last week.

At Ellsworth Air Force Base, S.D., an environmentally friendly chemical is mixed with water. Civil engineers then use snow brooms to agitate the water and chemical mixture for about three hours per section of runway. Once finished, the CE's do a final rinse and vacuum with the airfield sweeper.

This AOR takes a different approach. It's a specialized truck that uses just water and requires no scrubbing. The truck is kept at Bahrain, touring the AOR and cleaning all coalition air base runways. A crew assigned to the 38th Construction Training Squadron, Ramstein Air Base, Germany, brought the truck to clean the runways here last week.

The truck has a boom and platform hanging from the front; it's under this platform the magic takes place.

Water is fed into the business end of the truck from a trailer that holds about 4,000 gallons of water. The water travels from the trailer into a high pressure pump powered by a 500 horsepower diesel engine. Once pressurized, the water comes out of three spinning heads under the platform onto the surface of the runway. It's like a high pressure, pressure washer that scrubs the surface clean.

The pressure doesn't damage the runway pavement, yet removes all the rubber.

Toward the back of the platform is a high velocity vacuum that sucks up the residue, which is nothing more than water, rubber, and a little airfield paint, and carries it to another tank in the trailer.

The pavement behind the truck looks virtually brand new and is almost dry.

It's a self-contained operation and is serviced by a tanker truck that delivers clean water and hauls the dirty water away. It takes about 60,000 liters (just over 17,000 gallons) of water and two nights to do both ends of a single runway. The rigs are able to quickly exit the runway, wait for an arriving or departing aircraft, and resume removing rubber in a very short time, which allows rubber removal operations without closing the runway.

The crew works at night because cooler temperatures make the process more efficient, it's easier on the equipment and more comfortable for the operators.

The finished product is worth every drop of water used considering it virtually eliminates a very real safety hazard, is environmentally sound, and yet, allows the mission to continue uninterrupted.

Identify This



Do you know what this is?

If you can identify the object, e-mail the paper at Ali.Times@tlab.centaf.af.mil with "Identify This" in the subject block by 3 p.m. T 20rdsday Oct. 13.

All correct entries will be placed in a box and three winners will be randomly selected at Combat Bingo (at the Hot Spot) at 7:30 p.m., 21.ay Oct. 14.

Participants do not have to attend bingo to win.

Winners will receive a complimentary T-shirt or coin from the 407th Expeditionary Services Squadron. The winners selected from those who correctly identified the bottom of a water bottle in the Sept. 30 Ali Times e: Master Sgt. **William Hartzler**, MXS; Staff Sgt. **Daniel Creelman** (CES); Airman 1st Class **Christopher Maddox** (CES).



445-2034

**Base
Security
Depends
on You!**

Report missing
Land Mobile Radios
immediately

From the CPIC

Briefs off of the wire from the Combined Press Information Center.

MOSUL, Iraq – Iraqi and Task Force Freedom seized a large weapons cache in Rawah Oct. 11.

Iraqi Intervention Forces from 3rd Battalion, 1st Brigade, 1st Division and U.S. Soldiers from 4th Squadron, 14th Cavalry Regiment seized the cache consisting of 220 rocket propelled grenades, 40,000 7.62 mm rockets, 100 2.75 inch rockets, 10 anti-tank mines, 1,000 .50 caliber rounds, 30-120 mm mortars, 20-82 mm mortars, 3,000 feet of detonation cord, 12-40 pound containers of black powder and 25-40 pound containers of red powder.

BAGHDAD, Iraq — After a car chase and gunfight, Task Force Baghdad Soldiers rescued a kidnap victim and killed one of the abductors around noon Oct. 11.

BAGHDAD — Iraqi Army and Coalition Forces, working to provide security for the upcoming Constitutional Referendum vote, captured four suspected bombers, seized bomb-making equipment and prevented several terrorist bomb attacks in the capitol city Oct. 11.

TIKRIT, Iraq – Task Force Liberty Soldiers and Iraqi security forces detained two wanted terrorists during a series of raids in Kirkuk at 3:30 a.m. Oct. 10.

BAGHDAD – Task Force Baghdad Soldiers captured seven more suspected terrorists in Ameriyah Oct. 9.

Five days earlier the same unit – 1st Battalion, 87th Infantry, 1st Brigade Combat Team, 10th Mountain Division – caught 10 suspected terrorists during a similar raid in Ameriyah.

BAGHDAD – Iraqi and Coalition Forces continued to aggressively pursue terrorists in the capitol by capturing 34 terror suspects and seizing bomb making materials and weapons caches during more than 50 raids and searches Oct. 9.

BAGHDAD – Coalition forces killed a known al Qaeda in Iraq member near Fallujah before he could activate a suicide bomb strapped to his body Oct. 8.

BAGHDAD – More than 31,000 Iraqi citizens in the Ninewa and Basrah Governorates are expected to benefit from the construction of four potable water projects. These compact potable water treatment plants and the installation of deep wells, pumps and distribution networks in Ninewa and Basrah were identified by Provincial Regional Development Committees and local authorities in conjunction with the Ministry of Municipality and Public Works.

MOSUL, Iraq — Multi-National forces from Task Force Freedom detained 48 suspected terrorists, seized weapons caches, and killed a terrorist during operations in northern Iraq Oct. 3-6.



I auditioned but didn't get a part

Rumor

I put my name in for the Holiday Greetings video taping but my unit's allocation was all used up. I have family too; why can't I be filmed?

Fact

The good news is that we may still be able to get you on video tape for the Holiday Greetings program.

Unfortunately, the DoD team who normally films these clips can't make it to Ali Base this year. Therefore, we are using the great people from the 407th Expeditionary Communications Squadron Visual Information Flight—and volunteers from the 5-6 Council—to tape locally.

Our goal is to get as many people on tape as we possibly can.

If filming gets ahead of schedule we will take walk-ins. If you're in the filming area, just stop by and we may be able to fit you in.

We'll have waiver forms on hand, but remember, to be video taped for the Holiday Greetings you must be wearing DCUs or a desert flight suit.

Taping sessions will be held at the Big Top 7:30 a.m. to 5 p.m. Saturday, Sunday and Monday.

This rumor was addressed by 407th Air Expeditionary Group Superintendent Chief Master Sgt. Cindy Davis.

Heard a rumor?

Don't speculate. Get the facts by e-mailing the Ali.Times@tlab.centaf.af.mil or call Chief Master Sgt. Cindy Davis, 407th Air Expeditionary Group superintendent at 445-2027.

AEF 7/8— Doing things right the first time, every time!

Did you see a photographer out and about?
For your viewing and sharing pleasure...
V:\Shared\Photographs\AEF 7&8

407th AEG Warrior of the Week



Photo by Master Sgt. Timothy A. Haase

Staff Sgt. Jason R. Tucker

Unit:

407th Air Expeditionary Group / financial management

Duty title:

Accounting liaison technician

Home station:

97th Services Squadron, Altus Air Force Base, Okla.

Why other warriors say he's a warrior:

"Staff Sgt. Tucker got off the plane and jumped right into the most hectic and challenging portion of the year and he has not slowed down since. After leading our team to CENTAF's 'Best close out ever' he got the fiscal year started right by committing more than \$1.6 million for mission critical supplies and services, supporting every organization on the base."

—Capt. Dimitri C. Martini, 407th AEG/EFM commander

Most memorable Air Force experience:

"Getting the opportunity to see all of Europe with my wife, Jen, and son, Korbin, while stationed at Ramstein."

Hobbies:

Sports, spending time with my family, and watching the Longhorns win the National Championship this year!

October: important Jewish holidays

By Chaplain (Lt. Col.) Joseph Vu

407th Air Expeditionary Group Chaplain

There are four important Jewish feasts in October this year. Like most of the Jewish feasts the celebrations are rooted in the Torah, the first Five Books in the Old Testament.

Rosh Hashanah is the Jewish New Year. According to Jewish legend, the creation of the world was completed on the first day of the month Tishri, which was Oct. 4 this year. The Jewish oral tradition Mishna sets aside this day as the New Year for calculating calendar years, sabbatical and jubilee years and farming purposes (Exodus 23:14-17). This is the first time in 67 years that the first day of Ramadan and Rosh Hashanah have fallen on the same day.

Rosh Hashanah is characterized by the blowing of the shofar, a trumpet made from a ram's horn (Leviticus 23:24). The sound of the shofar is intended to awaken the listener from his or her slumber and alert them to the coming judgment. In Jewish thought, this is the day on which all inhabitants of the world pass for judgment before the Creator, as sheep pass for examination before the shepherd.

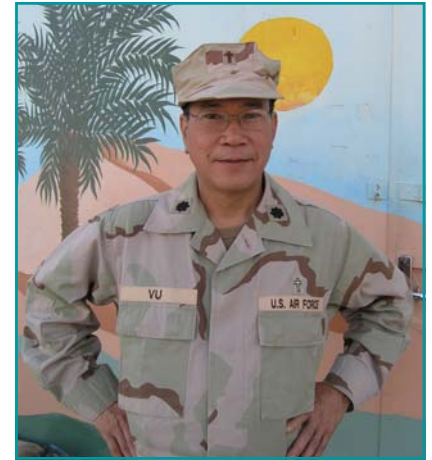
God will open three books of account on Rosh Hashanah, wherein the fate of the wicked, the righteous, and those of an intermediate class are recorded. The names of the righteous are immediately inscribed in the book of life, and they are sealed "to live." The middle class are allowed a respite of ten days—until Yom Kippur—to repent and become righteous. The wicked are "blotted out of the book of the living" (Psalm 69:27-29).

The traditional greeting on Rosh Hashanah is "Shana Tova" for "A good year." Because Jews are being judged by God for the coming year, a longer greeting translates as "May you be written and sealed for a good year." Rosh Hashanah meals often include something sweet like apple and honey to symbolize a sweet new year.

The Ten Days of Repentance fall between Rosh Hashanah and Yom Kippur. They are known as Aseret Yemei Teshuva. During this time it's appropriate for Jews to practice "Teshuvah," which is examining one's ways and engaging in repentance and the improvement of their ways in anticipation

of Yom Kippur. This repentance can take the form of early morning prayers, which capture the penitential spirit appropriate the occasion, fasting, or self-reflection.

Yom Kippur is considered by Jews to be the holiest and most solemn day of the year. Its central theme is atonement. Eating, drinking, bathing, and conjugal relations are prohibited.



Chaplain (Lt. Col.) Joseph Vu

"Sukkoth follows Yom Kippur as a time of rejoicing and commemorates the life of the Israelites in the desert during their journey to the Promised Land"

Jews began their fasting for Yom Kippur at sundown Oct. 12, and ended after nightfall the following day. Yom Kippur services begin with the prayer before sunset known as "Kol Nidrei," which means "all vows." It is a public annulment of religious vows made by Jews during the preceding year. Kol Nidrei only concerns unfilled vows made between a person and God, and does not cancel or nullify any vows made between people.

Yom Kippur and the fast come to an end with the second blowing of the shofar.

Sukkoth is an eight-day festival beginning Oct. 18. It is also known as the Feast of Booths, the Feast of Tabernacles, or just Tabernacles. Sukkoth follows Yom Kippur as a time of rejoicing and commemorates the life of the Israelites in the desert during their journey to the Promised Land. It is the Jewish form of Thanksgiving. The reference to booths is born of the structures the Jews lived in as they wandered the desert, and is one of the three pilgrimage festivals mentioned in the Bible (Leviticus 23:34-44; Deuteronomy 16:11-17).

The word *Sukkoth* is the plural of the *sukkah*, meaning booth. Jews are commanded to "dwell" in

Continued next page:
Chaplain

Adding a bar

The Air Force has announced the following will be promoted to captain



1st Lt. Rachael M. Ott

Ryan S. Lathan, 407th ECS;
Rachael M. Ott, 407th EOSS;
Adam J. Pudenz, 407th AEG;
John J. Contreras,
Rebekah Montgomery,
Christina M. Swiger—777th EAS

Those not pictured are not
available for photos.

Photos by Master Sgt. Timothy A. Haas



1st Lt. Adam J. Pudenz

Legal Services Available at Ali Base —Through the U.S. Army Logistical Support Area Adder Legal Assistance Office—

- Legal advice and assistance
- Power's of Attorney
- Wills and Living Wills
- Notary services
- Citizenship assistance

833-1469

- The legal center is located in Building 209, corner of 6th and Main St. (Troop Medical Clinic/Combat Support Hospital). Hours are Monday through Saturday 8 a.m. to 5 p.m.
- Consultations with an attorney are by appointment only.
- Services are available to all U.S. servicemembers.

Information Assurance Tip of the Week

Air Force users have continued to be targeted by specially crafted malicious e-mails. These e-mails contain Trojan attachments and use deceptive subject lines and return addresses to entice their targets to open them. The name of the attachment within the e-mail will most likely have the theme of current news, political or entertainment topics etc. Several of the emails have return addresses designed to make them appear to have come from official government offices.

Please consider the following as you manage your e-mail:

Do you know the person/address that sent the e-mail? *Is there a reason* for you to receive e-mail from that address? *Would you expect* the sender to use the subject identified in the e-mail? *Does it make sense* that you would receive an e-mail on the topic? *Scan* the e-mail content...does it match? *Does it contain* an attachment or hyperlink? *Does the attachment title match* the subject of the e-mail?

Chaplain From page 10:

booths during the holiday. This generally means taking meals, but some sleep in the *sukkah* as well.

The seventh day of Sukkoth is called *Hoshanah Rabbah*, the eighth day is named *Shemini Atzeret*. The *Simchat Torah* is a term meaning "rejoicing with the

Torah;" it is a holiday to conclude the Sukkoth. It's an important time because it marks the end and the beginning of the annual Torah reading cycle, when the last passage of Deuteronomy and the first verse of Genesis are read to demonstrate how the study of Torah is never ending. The

celebration is marked by seven processions around the synagogue with all the Torah scrolls. Worshipers are given the opportunity to carry a Torah scroll and it's customary for the children to carry special flags or banners—sometimes with miniature scrolls, as they join in the processions.

Serenity in the sand

faith-based services schedule

Worship is at the 407th Air Expeditionary Group **Oasis of Peace** chapel, unless otherwise noted. The Oasis is open 24 hours a day for prayer and reflection. For details on worship opportunities, or directions to worship locations, please call 445-2006.

FRIDAY

1 p.m., Muslim prayer/
service: (temporarily unav.)
6 p.m., Weekday Mass:
Oasis
6:30 p.m., Jewish Service:
Army Religious Activities
Center (ARAC)
7 p.m., Bible Study: ARAC
7:30 p.m., Gospel choir
rehearsal: Army Post
Chapel (APC)
8 p.m., Alcoholics
Anonymous: ARAC annex

SATURDAY

5:30 p.m., Catholic
Confession: Oasis Office
6 p.m., Catholic Vigil Mass:
Oasis
7 p.m., Kick the Camel (quit
smoking) club: ARAC

SUNDAY

7:30 a.m., Catholic
Confession: Oasis Office;
Traditional Protestant
Service: APC
8 a.m., Roman Catholic
Mass: Oasis; Church of
Christ Service: ARAC
8:30 a.m., Contemporary
Protestant Service:
Sapper Chapel; Sunday
School: APC
9:30 a.m., Traditional
Protestant Service: Oasis
10 a.m., Contemporary
Protestant Service: APC; ,
Latter Day Saints Service:
ARAC
10:30 a.m., Roman
Catholic Mass: Camp
Cedar
1 p.m., Gospel Service:
APC
7 p.m., Contemporary
Worship Service: Oasis

SUNDAY (CONTINUED)

7:30 p.m., Contemporary
Christian Service: Sapper
Chapel
8 p.m., Alcoholics
Anonymous: ARAC

MONDAY

6 p.m., Weekday Mass:
Oasis
7 p.m., Protestant Bible
Study: Sapper Chapel
7:30 p.m., Discipleship
Bible study/fellowship:
Oasis

TUESDAY

Noon, Alcoholics
Anonymas: ARAC Annex
6 p.m., Weekday Mass:
Oasis
7:30 p.m., Catholic Study:
Oasis Annex; Combat
Bible Study: ARAC

WEDNESDAY

6 p.m., Weekday Mass:
Oasis
7 p.m., Spanish Bible
Study: ARAC; Midweek
Service Discussion: APC
7:30 p.m., Protestant
Evening Service: APC;
Mens Bible Study: APC
7:45 p.m., Alpha Course
Bible Study: Oasis Annex

THURSDAY

6 p.m., Weekday Mass:
Oasis
6:30 p.m., Ladies Bible
Study: ARAC
7 p.m., Latter Day Saints
Study: ARAC
7:30 p.m., Workmans'
Fellowship: RAC; A Man
and His World Bible
Study: Oasis

Cricket Movie Theater

at the

HOT SPOT

This week at the Cricket

Today's times and movie descriptions for the week

Separate Lies (2005), 1 a.m., 1 p.m., *Tom Wilkinson, Emily Watson*, drama/romance

How to Lose a Guy in 10 Days (10 days) (2003), 3 a.m., 3 p.m., *Kate Hudson, Matthew McConaughey*, comedy/romance

Land of the Dead (2005), 5 a.m., 5 p.m. *Simon Baker, John Leguizamo*, action/horror

Diary of a Mad Black Woman (Diary) (2005), 7 a.m., 7 p.m., *Kimberly Elise, Steve Harris*, drama/comedy

Spanglish (2004), 9 a.m., 9 p.m., *Adam Sandler, Tea Leoni*, comedy/romance

Domestic Disturbance (2001), 11 a.m., *John Travolta, James Lashly*, thriller/drama

The Perfect Man (2005), 11 p.m., *Hillary Duff, Heather Locklear*, comedy/drama

Saturday

10 Days 1 a.m.
Land of the Dead 3 a.m.
Diary 5 a.m.
Spanglish 7 a.m.
Domestic Disturbance 9 a.m.
Separate Lies 11 a.m.
10 Days 1 p.m.
Land of the Dead 3 p.m.
Diary 5 p.m.
Spanglish 7 p.m.
The Perfect Man 9 p.m.
Separate Lies 11 p.m.

Sunday

Land of the Dead 1 a.m.
Diary 3 a.m.
Spanglish 5 a.m.
Domestic Disturbance 7 a.m.
Separate Lies 9 a.m.
10 Days 11 a.m.
Land of the Dead 1 p.m.
Diary 3 p.m.
Spanglish 5 p.m.
The Perfect Man 7 p.m.
Separate Lies 9 p.m.
10 Days 11 p.m.

Monday

Diary 1 a.m.
Spanglish 3 a.m.
Domestic Disturbance 5 a.m.
Separate Lies 7 a.m.
10 Days 9 a.m.
Land of the Dead 11 a.m.
Diary 1 p.m.
Spanglish 3 p.m.
The Perfect Man 5 p.m.
Separate Lies 7 p.m.
10 Days 9 p.m.
Land of the Dead 11 p.m.

Tuesday

Spanglish 1 a.m.
Domestic Disturbance 3 a.m.
Separate Lies 5 a.m.
10 Days 7 a.m.
Land of the Dead 9 a.m.
Diary 11 a.m.
Spanglish 1 p.m.
The Perfect Man 3 p.m.
Separate Lies 5 p.m.
10 Days 7 p.m.
Land of the Dead 9 p.m.
Diary 11 p.m.

Wednesday

Domestic Disturbance 1 a.m.
Separate Lies 3 a.m.
10 Days 5 a.m.
Land of the Dead 7 a.m.
Diary 9 a.m.
Spanglish 11 a.m.
The Perfect Man 1 p.m.
Separate Lies 3 p.m.
10 Days 5 p.m.
Land of the Dead 7 p.m.
Diary 9 p.m.
Spanglish 11 p.m.

Thursday

Separate Lies 1 a.m.
10 Days 3 a.m.
Land of the Dead 5 a.m.
Diary 7 a.m.
Spanglish 9 a.m.
The Perfect Man 11 a.m.
Separate Lies 1 p.m.
10 Days 3 p.m.
Land of the Dead 5 p.m.
Diary 7 p.m.
Spanglish 9 p.m.
Domestic Disturbance 11 p.m.

Movie times are subject to change.

Bedrock and beyond...

activities to keep you fit, happy and hungry for more

Today

8 a.m., **Women's Weight Lifting**: Muscle Beach (I)
 8 a.m., **Bench press competition**: Muscle Beach (I)
 4:30 p.m., **Slim in 6, Resist-a-Band**: HOP
 5 p.m., **Tang Soo Do**: Muscle Beach (I)
 6 p.m., **Tae Kwon Do**: HOP
 6:30 p.m., **Spin**: Muscle Beach (I)
 7 p.m., **8-Ball and Video Game TNYs**: ARC
 7:30 p.m., **Bingo and "The Perfect Man"**: Big Top
 8 p.m., **3-point shootout**, Basketball courts
 8 p.m., **Step Aerobics**: HOP

Saturday

5:30 a.m., **Pilates**: HOP
 8 a.m., **Women's Weight Lifting**: Muscle Beach (I)
 2:30 p.m., **Pilates**: Muscle Beach (DVD)
 4:30 p.m., **Slim in 6, Resist-a-Band**: HOP
 6:30 p.m., **Advanced Step**: HOP
 7 p.m., **Texas Hold'em TNY**: Big Top
 7 p.m., **Rock/alternative night**: Big Top
 7 p.m., **Dominoes and Dart TNYs**: ARC
 7 p.m., **Karaoke**: Sprung Center
 8 p.m., **Salsa Lessons**: HOP
 8:30 p.m., **Absolute Abs**: Muscle Beach (I)

Sunday

8 a.m., **Women's Weight Lifting**: Muscle Beach (I)
 noon, **Tae Kwon Do**: Muscle Beach (I)
 2 p.m., **"Pet Cemetery"**: Big Top
 2:30 p.m., **Yoga**: Muscle Beach (DVD)
 3 p.m., **Spin**: HOP
 4 p.m., **"Cujo"**: Big Top
 5 p.m., **Sit-up competition**: Muscle Beach
 6:30 p.m., **Cardio Mix**: HOP
 7 p.m., **Karaoke**: Big Top
 7 p.m., **Spades TNYs**: ARC

Monday

8 a.m., **Women's Weight Lifting**: Muscle Beach (I)
 4:30 p.m., **Slim in 6, Resist-a-Band**: HOP
 5 p.m., **Tang Soo Do**: Muscle Beach (I)
 6 p.m., **Tae Kwon Do**: HOP
 6:30 p.m., **Spin**: Muscle Beach (I)
 7 p.m., **Chess Club**: ARC
 8 p.m., **Checkers**: Hot Spot
 8 p.m., **Step Aerobics**: HOP

Tuesday

5:30 a.m., **Pilates**: HOP
 6 a.m., **Pump it Up**: Muscle Beach (I)
 2:30 p.m., **Yoga**: Muscle Beach (DVD)
 4:30 p.m., **Slim in 6, Resist-a-Band**: HOP
 6 p.m., **Quarterback challenge**: Bedrock Courts
 6:30 p.m., **Advanced Step**: HOP
 7 p.m., **Ping Pong TNY**: ARC
 8 p.m., **8-Ball**: Hot Spot
 8 p.m., **Spin**: HOP
 8:30 p.m., **Absolute Abs**: Muscle Beach (I)

Wednesday

5:30 a.m., **Aerobics**: Muscle Beach (DVD)
 10 a.m., **Top 3**: Oasis Annex
 2:30 p.m., **Pilates**: Muscle Beach (DVD)
 4:30 p.m., **Slim in 6, Resist-a-Band**: HOP
 5 p.m., **5-6 Council**: Oasis Annex
 6 p.m., **Tae Kwon Do**: HOP
 6:30 p.m., **Spin**: Muscle Beach (I)
 6:30 p.m., **First Four**: Oasis Annex
 8 p.m., **Halo**: Hot Spot
 8 p.m., **Step Aerobics**: HOP

Thursday

5:30 a.m., **Pilates**: HOP
 8 a.m., **3-int shootout**: Bedrock Courts
 6 a.m., **Pump it Up**: Muscle Beach (I)
 9:30 a.m., **Tae Kwon Do**: Muscle Beach (I)
 4:30 p.m., **Slim in 6, Resist-a-Band**: HOP
 6:30 p.m., **Cardio mix**: HOP
 7 p.m., **Scrabble TNY**: ARC
 8 p.m., **Texas Hold'em**: Hot Spot
 8 p.m., **Spin**: HOP

(I)—Instructor

TNY—Tournament

HOP—House of Pain, Army Fitness Center

ARC—Army Recreation Center

It's your base, so...

Call the 407th Services Squadron with ideas for activities: 445-2696; For information about the House of Pain, Army fitness center: 833-1709; For information about Army morale, welfare and recreation activities: 833-1745.



Air Force Services Presents

SHOOT FOR THE STARS!



October weekly Karaoke winners
can compete to win a chance to
sing with special musical guests
in November 445-2306 for details

Preliminary
Rounds:
Oct. 16
Oct. 23
Finals: Oct. 30



This week at the Cricket

Friday

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